



STOCK DIAMOND®

SPA



Contemporary . conscious . mindful .  
**STOCK DIAMOND SPA.**

**Find your balance and stay on track. Revive your body and soul. Let your mind wander.**  
Enjoy a new lifestyle with a new found attractive radiance. Wellness & SPA at STOCK resort is a mindful Middle Way. A self-aware-time-treat. And a gift of youth, beauty and vitality.



With unique STOCK signature treatments, our exclusive skin care line STOCK DIAMOND with precious mountain crystals and our luxury SPA rituals with highly-effective alpine herbs, we will make your trip to the Alps a journey of self-discovery.

Enjoy every moment in our spa.

Christine Stock  
and the STOCK DIAMOND SPA team





## Unique spa experiences in the STOCK DIAMOND SUITE **STOCK SIGNATURE TREATMENTS**

Crystal clear. Sparkling. Healing. The mountain crystal is a rich treasure of the Alps - and the inspiration for our unique skin care line and SPA rituals. Experience the energy in the STOCK DIAMOND Suite, designed exclusively for these treatments. The three STOCK signature treatments begin with a private herbal foot bath, a relaxing herbal neck pillow and a soothing hand massage - and awaken the senses for the magical moments of these unique rituals.

### **STOCK DIAMOND “Intensive Peace“**

Body peel, bath, body wrap and soothing head and neck massage

Precious essences of paracress, Tyrolean alpine honey, ground rock crystals, etc. work deep into the epidermis and give your skin a more radiant look. A soothing head and neck massage transports you to a realm of inner peace. Intensive relaxation for mind, body and soul.

Duration ca. 100 min incl. recuperation time ... € 149.00

### **STOCK DIAMOND “Palpable Harmony“**

Exclusive facial treatment

You are unique. Indulge your beauty with an experience that highlights this uniqueness: For 95 minutes the luxurious STOCK DIAMOND Suite is all yours to rediscover your inner radiance. The new masks and serums contain the power of mountain crystal and herbal essences from the Alps that effectively pamper, nourish and rejuvenate your skin - and instill a sense of perfect bliss as you relax in a stylish ambience.

Duration ca. 95 min incl. recuperation time ..... € 149.00

### **STOCK DIAMOND “Mountain Magic“**

Body peel and full body massage with warm mountain crystals

Our exclusive mountain crystal peeling at the start of this treatment soothes and cares for your skin by applying mountain crystal powder and a rich moisturising cream. The subsequent full body massage performed with warm arnica oil and warm mountain crystals places you in a state of ultimate deep relaxation.

Duration ca. 75 min incl. recuperation time ..... € 128.00

*For each STOCK DIAMOND MOUNTAIN MAGIC treatment booked, € 2.00 will be donated to our charity STOCK for Good.*

**STOCK**<sup>®</sup>  
for  
**GOOD**  
charity & assistance



STOCK DIAMOND®  
*By Christine Stock*

All the beauty, elegance and charm of mountain crystal. Its clarity. Its magic and healing power - highly sought after for centuries - will soothe you in the STOCK resort in an exclusive way: with our unique STOCK DIAMOND skin care line. With new formulas specifically tailored to the needs of our guests our products are now even more effective. Designed to enhance the unique healing effects of alpine herbs and mountain crystal, the high quality skin products and sera sustainably replenish the skin's moisture deposits, achieving rejuvenation that is both visible and palpable - and pampers the skin with a new, subtly harmonious STOCK DIAMOND fragrance. Every product and every STOCK DIAMOND treatment shares a deep connection with alpine nature and its treasures. Relax and unwind in the stylish ambience of our STOCK DIAMOND Suite, specially designed to ensure the ultimate spa experience. Inspired by the Alps - and exclusively available in the STOCK resort. All STOCK DIAMOND products are dermatologically tested and awarded the rating "very good".

# MARIA GALLAND

PARIS

The new Maria Galland Soin Dermatologique skin care line is culmination of 50 years of know-how and dermatological experience. The highly effective dermo-cosmetic product range has been specifically designed to restore the natural balance of tired, stressed skin - pampering your skin to achieve visibly beautiful results. The high quality products are dermatologically tested to meet strict criteria and are free of parabens, paraffins and dyes. The scent contains no allergenic fragrances. For those who want to give their skin the finest luxury treatment, the La Ligne Mille range contains exquisite, highly concentrated antioxidants for firmer, smoother and more youthful skin with an immediate anti-aging effect.

# !QSMEDICOSMETICS

Since its launch in 1986, QMS Medicosmetics founder Dr. Erich Schulte has revolutionised the way we treat and rejuvenate our skin. Pioneering technology combined with the highest level of quality and efficiency, as well as solid expertise from the development stage to the individual treatments here in our STOCK resort guarantee anti-aging success of the highest standard. Meticulous research, the development of modern technology and high quality active ingredients make the QMS facial care system one of the most established and sophisticated in the industry. QMS has an outstanding reputation worldwide - the tailor-made, highly effective products will surely amaze you.

## BALANCE ALPINE 1000+

Discover natural elixirs in their highest potency. Balance Alpine 1000+ is a range of pure plant-based natural cosmetics that give deep moisturising, revitalising care, palpable new radiance and sustainable balance. The spagyric recipes of herbal products are designed to regulate the acid-base balance and metabolism of the skin, and stimulate sustainable self-revitalisation. Especially recommended are the holistic treatments according to Traditional European Medicine (TEM) for irritated, nervous, dry or sensitive skin of all ages.





## **FACIAL TREATMENTS**

Time to feel resplendent. Time for treatments designed specifically for you. Experience the unique STOCK feeling - and enjoy a beauty adventure tailored to perfection. Your perfection. Simply book your beauty appointment at a time to suit you and savour one of our personalised beauty rituals. Our experienced beauticians will brief you on the products and treatments in the privacy of a treatment cabin, thus guaranteeing the maximum effectiveness and success of the results you wish to achieve. Welcome to a new generation of STOCK wellness & beauty. Experience for yourself.

### Facial 50 minutes

- Product selection: Stock Diamond, Balance Alpine or !QMS
- with either facial massage or deep cleansing

..... € 85.00

### Facial 80 minutes

- Product selection: Stock Diamond, Balance Alpine, Maria Galland or !QMS
- depending on the product choice with facial massage and/or deep cleansing
- including eyebrow shaping

..... € 115.00 - 142.00

### Facial 110 minutes

- Product selection: Maria Galland or !QMS
- Treatment with highly concentrated active ingredients for skin rejuvenation

..... € 154.00 - 165.00

### Our Tip

### !QMS Pure Oxygen Treatment

Protect your skin with an energising oxygen treatment. Even with the best of care, your facial skin is constantly exposed to aggressors such as pollution, air-conditioned rooms, etc. This treatment involves massaging the face with a customised 98% pure concentrate of oxygen using an oxygen energy applicator that channels the active ingredients more effectively to the skin. The increased oxygen supply promotes blood circulation and stimulates the rejuvenation of the skin. The result is immediately visible: Your skin will feel fresh, radiant and healthy.

Duration ca. 80 min. .... € 144.00

Duration ca. 110 min. .... € 168.00  
with facial massage and deep cleansing



## **JUST FOR MEN**

A sophisticated man is a well-groomed man. Confident of his looks and abilities. A free spirit who needs plenty of space to relax and unwind. The wellness, beauty & SPA at the STOCK resort offers men a well-deserved pit stop to recharge their batteries, revitalise the youthful spirit and enjoy the glamorous side of manhood. Men, you have earned it!

## **FACIAL MARIA GALLAND SOIN HOMME**

Rejuvenates stressed male skin and gives it an absolute fresh boost. HOMME GALLAND - The high-performance active ingredient R.T. Arctic protects the skin against stress and negative environmental factors, while intensely moisturising and reducing wrinkles. The skin feels as good as new – smooth, attractive and comfortable

Duration ca. 50 min. .... € 85.00  
Duration ca. 80 min. with deep cleansing and facial massage ..... € 115.00

## **ALPINE DREAMS FOR MEN**

- 1 Soin Homme Galland facial (ca. 50 min)
- 1 Alpine fango mud wrap
- 1 Full body massage (ca. 75 min)

..... € 218.00

## **HANDS AND FEET**

Men's spa manicure ..... € 53.00  
Men's spa pedicure ..... € 59.00  
Men's spa manicure and pedicure ..... € 94.00



## QUICK BEAUTY TREATMENTS

The perfect complement to your facial or as a stand-alone treatment. Be good to yourself.

### EYES

Eyebrow shaping .....	€ 10.00
Eyebrow tinting .....	€ 12.00
Eyelash tinting .....	€ 16.00
Eyebrow tinting and shaping .....	€ 18.00
Eyebrow and eyelash tinting and eyebrow shaping .....	€ 30.00

### HAIR REMOVAL WITH WARM WAX

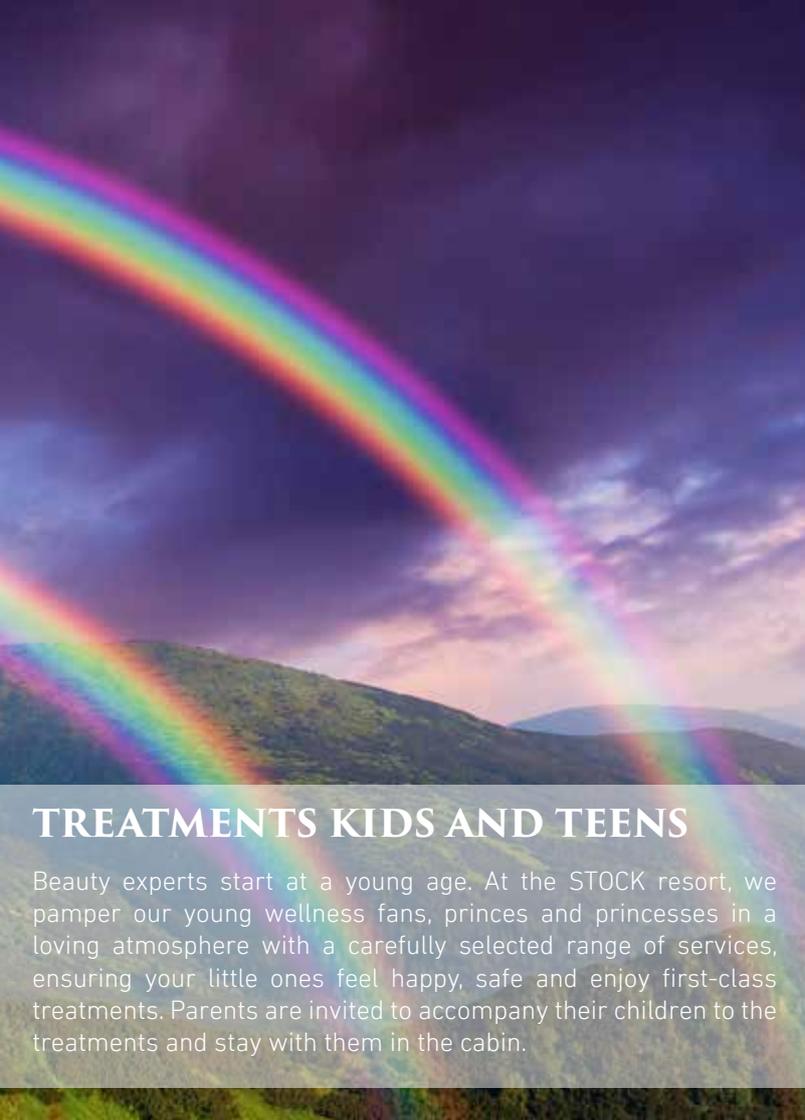
Upper lip waxing .....	€ 12.00
Underarm waxing .....	€ 18.00
Back or chest waxing .....	€ 30.00
Lower leg waxing .....	€ 35.00
Lower legs, underarms and upper lip waxing .....	€ 58.00

### WELL-GROOMED HANDS AND FEET

Manicure .....	€ 53.00
incl. varnishing and nail varnish to take home .....	€ 65.00
Pedicure .....	€ 59.00
incl. varnishing and nail varnish to take home .....	€ 71.00

### MAKE-UP

Day or evening makeup	
Duration ca. 25 min.....	€ 40,00



## TREATMENTS KIDS AND TEENS

Beauty experts start at a young age. At the STOCK resort, we pamper our young wellness fans, princes and princesses in a loving atmosphere with a carefully selected range of services, ensuring your little ones feel happy, safe and enjoy first-class treatments. Parents are invited to accompany their children to the treatments and stay with them in the cabin.

### TREATMENTS up to 11 years

#### Harmony massage for kids

Duration ca. 25 min. .... € 35.00

#### Exotic Lomi Lomi Nui massage

Duration ca. 25 min. .... € 40.00

#### Sweet-smelling chocolate body wrap

Duration ca. 20 min. .... € 35.00

### TREATMENTS from 12 to 16 years

#### Teen facial

For the individual needs of young skin.

Duration ca. 50 min. .... € 75.00

#### Alpine massage

A back and leg massage

Duration ca. 50 min. .... € 62.00

#### Lomi Lomi Nui massage

Duration ca. 50 min. .... € 78.00

A scenic landscape featuring a calm lake in the foreground, a dense forest of evergreen trees in the middle ground, and a range of rugged mountains in the background under a soft, hazy sky. In the immediate foreground, several white daisy flowers with yellow centers are in focus, partially obscuring the view of the lake. The overall atmosphere is peaceful and natural.

## PEELINGS AND WRAPS

Treat yourself to our gentle peelings and rich body wraps and feel your skin become cleansed, firmed and moisturised - engendering a new sense of lightness as all is released. Enjoy our body wrap on a 37 °C floating water bed and experience weightlessness. A must-have holiday treat.

### **STOCK DIAMOND “mountain crystal peel“**

One of the most popular peel treatments at the STOCK resort. Indulge your skin in a little luxury. A full body peel with mountain honey from the Tyrolean Alps, fine peeling grains from mountain crystal and moisturising avocado oil. For an intensive, yet gentle deep cleansing which stimulates the blood circulation.

Duration ca. 20 min. .... € 42.00

### **SALT–GRAPE SEED PEEL**

Rediscover your silky soft skin. Fine grape seeds lift and rid your skin of dead skin cells, leaving a feeling of deep-cleansed purity. This improves circulation, which results in firmer looking skin.

Duration ca. 20 min. .... € 42.00

### **CREAMY HAY PEEL**

This gentle organic hay flower body peeling with crushed hazelnut shells and apricot seeds deep cleanses the skin, giving it a clearer, more radiant appearance. The active ingredients contained in the hay extract provide a revitalising and refreshing effect.

Duration ca. 20 min. .... € 42.00

### **STOCK DIAMOND “lifting cream body wrap“**

Extracts such paracress, Tyrolean mountain honey, cocoa butter and fine mountain crystals relax the muscles and lead to firmer skin.

Duration ca. 20 min. .... € 40.00

### **MOISTURING CEAM BODY WRAP**

Intensive moisturiser for dry skin. Special base oils moisturise the delicate and most challenged parts of the body to ensure optimum hydration.

Duration ca. 20 min. .... € 40.00

### **ALPINE FANGO MUD BODY WRAP**

A relaxing, anti-inflammatory back mud wrap for muscles and joints.

Duration ca. 20 min. .... € 35.00



## **EXCLUSIVE BODY TREATMENTS**

Two worlds. Two philosophies. One promise: Highly effective treatments and lasting relaxation. Discover medical body cosmetics and the oriental art of Hamam.

## **ALPINE HAMAM**

Pamper yourself with products from the Tyrolean Alps. This treatment stimulates your metabolism and invites you to experience this traditional cleansing ritual with an alpine twist. A full body natural salt scrub exfoliates your skin and optimally prepares it for the subsequent pine-soap lather massage. The final stage of the treatment, an oiling with a special alpine herb oil, leaves your skin with a silky soft feel.

Duration ca. 75 min. .... € 110.00

## **QMS - BODY - EFFECT - TREATMENT**

If you are looking to firm certain parts of the body quickly, then this detoxifying, stimulating and firming treatment is ideal. The result is firmer connective tissue and tighter contours - fast, effective and easy!

Duration ca. 75 min. .... € 140.00

### **NEW: Detox foot bath**

The Ion Detox System is based on an electro-physical process in which water is highly ionised. This stimulates lymph drainage and blood circulation, which boost the excretion of toxins and reduce the acidity in your body.

Duration ca. 40 min. .... € 67.00  
incl. energy tea (100g) to take home

# THE CLASSICS

## **Partial body massage**

Duration ca. 25 min. .... € 41.00  
For either back, legs or head/neck

## **Full body massage**

Duration ca. 50 min. .... € 72.00  
Duration ca. 75 min. .... € 108.00

## **Reflexology foot massage**

Duration ca. 25 min. .... € 41.00

## **Reflexology foot massage with foot scrub**

Duration ca. 50 min. .... € 72.00

## **Massage – Mix**

Back massage and reflexology foot massage  
Duration ca. 50 min. .... € 72.00

## **Manual lymph drainage**

For either legs, arms, back or stomach  
Duration ca. 50 min. .... € 72.00

## **Facial lymph drainage**

Duration ca. 25 min. .... € 41.00

## **Vitality massage with refreshing embrocation**

This slightly firmer full body massage stimulates metabolism and blood flow to the muscles. Ideal after an active day in the Alps. At the end of the massage, a refreshing Tyrolean rock oil skin tonic is applied for additional muscle relaxation.

Duration ca. 50 min. .... € 72.00

## **Ear candling treatment**

This natural therapy has its origins in the ancient culture of the Hopi Indians. The treatment cleanses the ears and is particularly soothing for sinus problems and headaches.

Duration ca. 25 min. .... € 41.00  
with facial lymph drainage 50 min. .... € 72,00  
with head and neck massage 50 min. .... € 72.00

# PHYSIOTHERAPY AND SPECIAL TREATMENTS

## Trigger Point Massage

Trigger points are localised, palpable nodules which project or „trigger“ pain in remote areas of the body. Headaches, dizziness, back pain, blocked ears, etc. can be alleviated or even eliminated in just one treatment session.

Duration ca. 25 min. .... € 42.00

Duration ca. 50 min. incl. classic massage ..... € 73.00

## Siegel Barefoot Massage

Our physiotherapist Jens massages sensitively with his feet, but also applies plenty of pressure. This treatment removes blockages along the spine.

Duration ca. 25 min. .... € 42.00

Duration ca. 50 min. incl. classic massage ..... € 73.00

## Dorn Spinal Therapy

The Dorn therapy corrects vertebral misalignments by the use of pressure and movement. It is very effective for relieving back pain, disc problems, headaches and sciatica.

Duration ca. 50 min. .... € 77.00

## Physiotherapy SPECIAL

Our therapists will pamper you with a special treatment carefully tailored to suit your needs. In the consultation at the start of the session, the therapist will assess your individual requirements. We will then select a treatment from the wide range of techniques available at the Stock resort, and customise this just for you - because you are unique

Duration ca. 50 min. .... € 77.00

Duration ca. 75 min. .... € 114.00

## Golf Physiotherapy

Take the opportunity to enjoy a golf physiotherapy session with our resident physiotherapist Jens. Objective: prevention. This is achieved through a biomechanical assessment of your golf swing to ensure healthy golfing. The session includes a prophylactic exercise programme before and after golf - golf-specific therapy - which incorporates relevant physiotherapy techniques. The treatment is individually tailored to you to improve your game and prevent injuries.

Duration ca. 75 min. .... € 108.00



## DEEP MESSAGES

Trust keeps us grounded, gives us a sense of security, so we can relax and enjoy soothing comforts. At the STOCK resort, you can relax in the certainty of being in the best hands. Touch by touch, your therapists will gradually work from the outer layers of the body to take you deeper and deeper into a wonderful world of relaxation and regeneration. Breath by breath, you will feel your body acquire a new lightness and the senses awaken. Revitalise your spirit with alpine and Far Eastern treatments, which include classic and exotic massage.

### **Lomi Lomi Nui**

So gentle, so sensual and so unique. This Hawaiian full body massage uses warm coconut oil. It's not for nothing that it is called the "queen of massages". The fluid, rhythmic and gentle strokes release inner muscle tension. In addition to ultimate relaxation, the massage also provides physical, mental and spiritual purification.

Duration ca. 80 min. with recuperation time .... € 124.00

### **La Stone Therapy**

Hot basalt stones and cold marble stones are the highlight of this incredible full body massage. This massage not only relaxes the body, but also balances the physical and emotional energies.

Duration ca. 75 min. with recuperation time ..... € 118.00

### **Herbal stamp massage**

This full body massage combines a classic massage with a pleasantly warm aromatic stamp treatment using stamps filled with mountain herbs. A real treat that allows you to experience the power of alpine nature!

Duration ca. 75 min. with recuperation time ..... € 118.00

### **Singing Bowl Treatment with Tibetan Gongs**

The sound that emerges from the singing bowl touches our innermost part, triggering a resonance in the soul. The sound releases tension, mobilises self-healing powers and sets free creative energy. Light sportswear is recommended for this treatment.

Duration ca. 50 min. .... € 80.00

### **Balance Alpine Fascinating Motion**

FASCINATING MOTION is a newly developed treatment and part of the Balance Alpine 1000+ concept based on the latest sports and motion scientific technology. The treatment combines fascia therapy with other specific techniques to release tension and adhesion of the muscle and tissue structures. The result is sustainable mobility and freedom of movement, loosening of blockages and accelerated muscle recovery.

Duration ca. 75 min. .... € 108.00



## **ALPINE AYURVEDA**

When the healing traditions of East and West meet a harmony emerges that pervades your entire being. The secret of this wonderful alpine relaxation treatment is the ancient art of Ayurveda. And the deep-reaching effect of the combination of alpine oils and herbs such as rosemary, lavender, thyme, etc. specially tailored to suit your body. Experience for yourself.

## **Abhyanga - Experience the loving hands**

Let yourself go completely with this full body oil massage. This gentle massage with warmed oil calms the nervous system, promotes deep relaxation and reduces stress. It also detoxifies the body and strengthens your connective tissue.

Duration ca. 100 min. with forehead anointment \* .... € 162.00

Duration ca. 80 min. without forehead anointment \* € 124.00

## **Shiroabhyanga**

### **Let your thoughts go with the mountain wind**

This special head treatment is one of the most relaxing you'll ever experience. Particularly recommended for insomnia, stress or migraine, it imparts a feeling of perfect wellbeing, inner peace and harmony. It stimulates the senses and the soul, and gives you energy.

Duration ca. 75 min. with forehead anointment \* ..... € 119.00

Duration ca. 50 min. without forehead anointment \* .. € 81.00

## **Padabhyanga**

### **Climb mountains with ease**

This extremely soothing massage gives your feet strength and stability. The treatment also massages the marma points (vital energy points), which help to strengthen the whole body, reduce stress and relieve insomnia, so you can enjoy a good night's sleep.

Duration ca. 75 min. with forehead anointment \* ..... € 119.00

Duration ca. 50 min. without forehead anointment \* .. € 81.00

## **Shiroabhyanga and Padabhyanga**

The Ayurvedic head, neck & foot massage is a special experience for anyone suffering from stress who finds it hard to switch off. This massage is a combination of "let go & recharge". You will feel new energy emerge inside your body that touches your soul.

Duration ca. 100 min. with forehead anointment \* .... € 150.00

Duration ca. 80 min. without forehead anointment \* € 116.00

\* Treatment with recuperation phase

## **Our Tip**

### **Shirodhara, the royal forehead anointment**

is probably one of the most famous Ayurvedic treatments. An essence of temperate oils is poured in a skilfully controlled, thin jet onto the forehead, which induces an unusually deep relaxation. The resulting inner peace, harmony and internal release activate healing substances produced naturally by our "inner pharmacy", which help to relieve exhaustion. Shirodhara not only provides physical relief, it also stimulates the brain cells, engendering a calm, relaxed state of mind and a deep sense of security.



## **STOCK PAMPERING BATHS**

Relax in a private setting in the Alps - and feel wonderfully liberated. With your senses pampered with essences from the Alps, you will find it easy to relax. Let your body and soul breathe. And savour the peaceful landscape. All yours to enjoy.

## **STOCK DIAMOND**

### **Mountain Crystal Salt Bath**

Experience one of the most popular baths in the STOCK resort. This luxury bath with fine mountain crystals and salt from the Dead Sea has a calming effect and will leave your skin silky smooth.

Duration ca. 20 min. .... € 37.00

### **Tyrolean Rock Oil Bath**

This soothing bath offers optimal support for an overloaded musculoskeletal system. The Tyrolean natural bath is known to have a positive effect on joint, shoulder and back pain, as well as skin problems. The full body rub with Tyrolean rock oil skin tonic in the final stage of the treatment will give you additional muscle relaxation.

Duration ca. 40 min. with embrocation ..... € 45.00

## **Pine Bath**

Wonderfully scented, relaxing bath with a calming effect generated by essential oils from Swiss pine.

Duration ca. 20 min. .... € 37.00

## **Base bath with peeling effect**

The base bath salts are a true fountain of youth for body, skin and soul. The base baths gently widen the pores and stimulate their natural detoxifying function. This treatment leaves your skin silky smooth.

Duration ca. 40 Min. .... € 45.00

A recuperation phase of ca. 10 min is provided after the end of our pampering baths.



JUST  
YOU & ME

## **TIME FOR TWO**

Love: The most precious commodity. The secret formula: Spending time together. The perfect location: Our Romantic Suite, your stylish hideaway for two. Here in the tranquility of the Alps, you can savour the scents and experience unforgettable moments. In the privacy of our elegant suites, you relax in comfort and enjoy sparkling romance. And, of course, the STOCK feeling. Surprise your partner and give your relationship a boost.

### **KAISER BATH - Rendezvous for the Senses**

Enjoy unforgettable moments of relaxation in a bath for two with scented oils and moisturisers that care your skin. Toast your love with a glass of prosecco. Followed by moments with delicious fresh fruit. Enjoy your time together - and after bathing you and your partner can relax in one of our wonderful waterbeds by candlelight, where you will be undisturbed.

Duration ca. 60 min. for 2 pers. .... € 73.00

### **ROMANTIC BATH - A gift for lovers**

Lovers' delight: Snuggle up in a relaxing bath for two by candlelight with scented oils and moisturisers. Bathing in front of a fireplace with sparkling prosecco and fresh fruit ensures this rendezvous will be a truly unforgettable date. Parallel back and neck massages - with partners side by side - provide a wonderful finale to this memorable experience.

Duration ca. 90 min. for 2 pers. ....€ 145.00



## **STOCK PAMPER PACKAGES**

Do you long for deep relaxation and an entirely new body feeling? Then let go of the old completely and feel new energy and vitality flood in with our three pamper packages. The packages are designed to give you three irresistible experiences. Experience for yourself:

### **ALPINE DREAMS FOR LADIES**

- 1 facial treatment of your choice (ca. 80 min)
- 1 Stock Diamond mountain crystal peel
- 1 full body massage (ca. 50 min)

..... € 218.00

### **ALPINE DREAMS FOR MEN**

- 1 facial treatment Soin Homme Galland (ca. 50 min)
- 1 alpine fango mud pack
- 1 full body massage (ca. 75 min)

..... € 218,00

### **STOCK'S DETOX**

- 1 QMS body effect treatment
- 1 lymph drainage (ca. 50 min)
- 1 Ion Detox System foot bath
- 1 base bath with peeling effect (ca. 40 min)

..... € 258.00

# SPA ETIQUETTE

## YOUR APPOINTMENT AND CANCELLATION TERMS & CONDITIONS

To make sure that you receive your desired treatment appointment at the requested time, we recommend to book your appointment in advance. Should you prefer to be treated specifically by either a male or female therapist we will gladly arrange this for you.

You can arrange your appointment or special request via phone on +43 52856775 429 or via email at beauty@stock.at. We will do our best to fulfill your wishes. You will receive your appointment schedule upon arrival at the hotel reception. If you would like to book further treatments once you arrive, the SPA team are available from 8:30 am to 8:00 pm, daily.

If you are unable to attend a booked appointment, we ask that you notify us no later than 24 hours before the agreed time. Failure to comply with this condition will result in an 80% no-show charge being incurred, based on the price of the treatment.

## INDULGE YOURSELF AND FEEL A SENSE OF WELLBEING

We recommend that you check in for your appointment at our SPA reception ca. 10 minutes before the booked time, where you can enjoy a healthy cup of tea or glass of fresh spring water. The treatment time that follows is all yours – close your eyes, take a deep breath and enjoy the pampering moments of relaxation and wellbeing.

In the event you are late, please understand that we must still adhere to the appointment times out of consideration for the next client. We also recommend that you plan for an additional ca. 20 minutes recuperation period before leaving the spa to fully enjoy the benefits and the special feeling after a STOCK SPA treatment.

## OPTIMAL TREATMENT

For the treatments we offer we aim to individually cater to your individual needs. To help us achieve this we ask you about the desired results that are important to you, before and after the treatment. Our therapists will, of course, treat this information in the strictest confidence.

## DRESS CODE

For massages, beauty- and body treatments we ask that you undress right down to your underpants and arrive for your treatment at the spa in a bathrobe, which you will find in your room.

Information on the dress code for special treatments can be found in your appointment schedule. We can also provide disposable underwear for HER and HIM. During the treatment you will be covered with a linen cloth or hand towel so that your privacy is maintained and you feel completely at ease.



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